

# Olde Ivy Neighborhood Fitness Center Rules and Regulations

*Individuals use the Olde Ivy swimming pool at their own risk and accept full responsibility for their participation.*

## Eligibility

### **The Fitness Center is open to the following individuals:**

- Resident members who are in possession of a working fob issued to the member.
- Children of resident members between the ages of 13-15 who are accompanied by the parent or guardian.
- Children of resident members over the age of 16 and are in possession of a working access fob issued to the member.

### **The following individuals are not permitted in the Fitness Center at any time:**

- Non-residents.
- Guests.
- Members who are not in possession of a working access fob.
- Children under the age of 13.

## Rules and Regulations

1. Members shall use their assigned access fob for entry into the Fitness Center, and are responsible for ensuring that the door is locked after entering. Members shall not provide access to non-members.
2. Use of personal trainers is not allowed in the Olde Ivy Fitness Center.
3. Food is not permitted in the Fitness Center.
4. Proper attire is required at all times, warm-ups, athletic pants/shorts and shirt. Proper athletic shoes should be worn at all times.
5. Equipment must be used for its intended purpose in the manner intended. Members should clean equipment after use.
6. Members must turn off all lights, fans, radio and televisions when departing as applicable.
7. Members must lock all doors when departing.
8. Cardiovascular equipment (treadmills, ellipticals, stairmaster and bicycles) should not be used longer than 30 minutes when other members are waiting.
9. Volume of televisions and radios should be moderated so as not to disturb other members.
10. Pets are not permitted in the Fitness Center.
11. Lockers are for use during the member's individual workout period only.

Violation of the foregoing rules and regulations or the rules and regulations governing the use of the Neighborhood Pool may result in suspension of the membership benefits and deactivation of access fobs. Failure to pay all assessments when due and payable may result in suspension of membership benefits and deactivation of access fobs.

Any equipment problems or any Fitness Center issues should be reported to  
[fitness@oldeivy.org](mailto:fitness@oldeivy.org)